



## Keep Opposing Physician-Assisted Suicide:

## Ask Gov. Hochul to VETO the Bill

At the end of the legislative session last month, the New York State Senate passed legislation that would legalize physician-assisted suicide. **BUT there is still hope. We can still work to stop it from becoming law.**

**NOW is the time to contact Governor Kathy Hochul to ask her to VETO the bill.**

Go to this [link](#) to e-mail the governor. But don't stop there. **CALL her office after you e-mail at 1-518-474-8390 and let her staff know that you oppose this terrible policy.**

**To learn more, go to the home page of the NYS Catholic Conference [www.nyscatholic.org](http://www.nyscatholic.org)**

"..once the state decides that anyone, on account of illness, has the "right" to kill himself, it has decided that suffering can render life worthless. More fundamentally, it has accepted a mistaken view of autonomy, which posits that people have the right to harm themselves—a view that New York and every state rejects when they involuntarily hospitalize a suicidal teenager."

-John Hirschauer, Associate Editor, City Journal  
from [Say No to Suicide, New York](#)

Listen to Cardinal Dolan of the Archdiocese of New York City and Kristen Curran, Director for Government Relations, at the New York State Catholic Conference, discuss physician-assisted suicide at this [link](#).

Collect Prayer from  
the Mass for  
Independence Day

God of justice, Father of  
truth, who guide creation in  
wisdom and goodness to  
fulfillment in Christ your Son,  
open our hearts to the truth of  
his Gospel, that your peace may  
rule in our hearts and your  
justice guide our lives.

**The danger  
of the  
slippery  
slope:**

**What  
happened  
after  
Canada  
legalized  
physician-  
assisted  
suicide:**



"In 2016, Parliament passed Bill C-14, legalizing the euphemistic "medical aid in dying" for adults enduring "intolerable suffering" with a "reasonably foreseeable death." In 2021, despite opposition from Indigenous leaders, disability rights groups, and hundreds of physicians, [the] .... government passed Bill C-7, which removed the "reasonably foreseeable death" requirement and expanded euthanasia to those suffering solely from mental illness and other conditions including disability."

-Jonathon Van Maren from  
[A Northern Warning](#)



*"Throwing away plastic in the sea is criminal. This kills biodiversity, the Earth, everything."*  
*-Pope Francis, [TV interview](#)*

## Plastic Free July

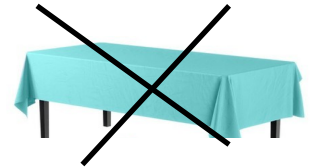
It's no secret that plastic is causing suffering for God's creatures. Tons of plastic pollution end up in waterways, killing off wildlife, including birds, fish and whales who mistakenly consume it and are also strangled by it.

But they're not the only ones adversely affected. We humans are too! Plastic breaks down into small flecks, called microplastics, which are showing up in our food supply, and therefore in us. Recent studies have found microplastics in the placentas of newborn babies. The chemicals in these plastics have been linked to a variety of adverse health conditions including reproductive harm and developmental delays in children.

It's also important to remember that most plastic is derived from oil and natural gas, and that extracting and refining these fossil fuels have their own adverse effects on the environment.

Plastics can take hundreds of years to degrade, so they are filling up landfills. They never disappear, but as they break into those smaller and smaller parts, they release methane, one of the most lethal greenhouse gasses, contributing significantly to climate change.

**Take the Plastic Free July challenge: Eliminate at least ONE kind of single-use plastic from your life.** For example: Plastic straws, plastic shopping bags, plastic tablecloths at those church coffee hours.



Once you "choose to refuse" one type of plastic item, you'll probably find it easier to keep on eliminating other kinds, and you'll just make that part of your consumption habits all year-round.

Watch [this short video](#) for some inspiration from [www.plasticfreejuly.org](http://www.plasticfreejuly.org)

But then take this farther— individual actions are important and we need more people doing them, but individual actions are not enough to address this problem. We need to change policies that currently favor the fossil fuel industry and promote consumerism.

The organization Story of Stuff ([www.storyofstuff.org](http://www.storyofstuff.org)) has made informative, challenging short videos, including [The Story of Plastic](#), and [The Story of Change](#) (focusing on how to get beyond individual actions). At their website you'll also find important online [petitions](#) to sign, including one calling on Coca-Cola to bring back refillable bottles.

During the 2025 legislative session the NYS legislature failed to pass important bills that would have curbed plastic pollution.

However, we will continue the good fight to protect God's creation!



**Let's start by making July Plastic-Free!**

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